

August 2023

Club ID-22445



Bulletin of Rotary Club of Mumbai Ghatkopar R. I. District 3141

Rtn. Arun Bhargava
District Governor

Rtn. Manpreet Singh
President 2023-24

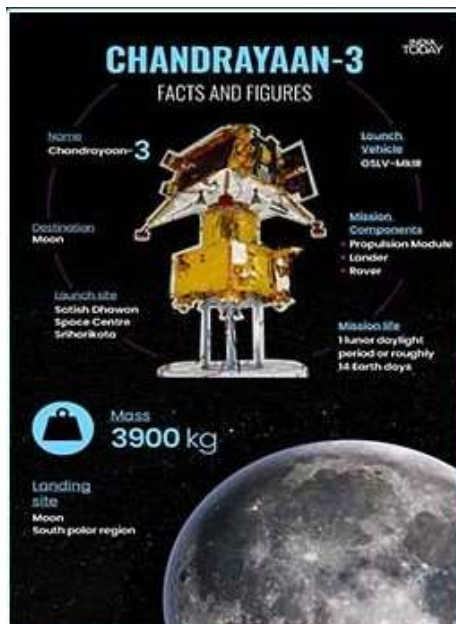
Rtn. Mitesh Gala
Secretary 2023-24

Rtn. Apoorva Shah
Editor

Chandrayaan-3 Lander on the Moon

With the successful landing of the Lander Module of ISRO's third lunar mission Chandrayaan-3, India has reached the Moon! It has also become the first country to land near the Moon's south pole.

Members of Rotary Club of Mumbai Ghatkopar, Congratulating the team of scientists at ISRO.



The Lander Module (LM) of the Indian Space Research Organisation's (ISRO) third lunar mission Chandrayaan-3, launched on July 14, made a successful landing on the Moon's surface on August 23, making India only the fourth country after the erstwhile USSR, the U.S. and China to make a soft landing on the lunar surface. Precisely at 6.03 p.m. the lander touched the lunar surface and there was euphoric celebrations at the Mission Operations Complex (MOX) at ISRO Telemetry, Tracking, and Command Network (ISTRAC), Bengaluru. Following this, the Lander successfully deployed the Rover which will carry out in-situ chemical analysis of the lunar surface during the course of its mobility. The Lander and the Rover with a mission life of one Lunar day (14 Earth days) have scientific payloads to carry out experiments on the lunar surface. Proud moment as an Indian Citizen !

Loved this quote from TOI on 23rd August 2023, "*As the sun sets today evening, look at the moon – India may be up there.*"

Club President's Message

A Rotary Club in India can help the local urban population in various ways, such as organizing community projects, providing healthcare and education initiatives, promoting environmental sustainability, and supporting vocational training programs. Additionally, they can collaborate with local authorities and organizations to address specific needs of the community, fostering a positive impact on the lives of urban residents.

Creating fellowship and friendship in a Rotary Club involves fostering a sense of camaraderie and shared purpose among members. Here are some ways to achieve that:

1. **Regular Meetings:** Hold regular meetings where members can interact, share updates, and engage in discussions. This helps build a sense of community.
2. **Social Events:** Organize social gatherings, picnics, dinners, or outings where members can relax, connect, and get to know each other on a personal level.
3. **Rotary Projects:** Collaborate on meaningful community projects that require teamwork. Working together for a common cause can strengthen bonds among members.
4. **Volunteer Opportunities:** Participate in volunteer activities outside the regular meetings. This allows members to work side by side, promoting a sense of unity.
5. **Networking:** Facilitate opportunities for members to share their professional expertise, fostering connections beyond the club.
6. **Mentoring:** Create mentorship programs where experienced members guide newer ones, fostering a sense of guidance and support.
7. **Rotary Conventions and Events:** Encourage members to attend Rotary conventions, seminars, and district events. These gatherings offer chances to meet fellow Rotarians from diverse backgrounds.
8. **Family Involvement:** Welcome family members to certain events to create a more inclusive atmosphere.
9. **Recognition:** Acknowledge members' achievements and contributions. This promotes a positive and appreciative environment.
10. **Rotary Fellowship Groups:** Participate in or create Rotary Fellowship Groups based on common interests or hobbies, allowing members to connect with like-minded individuals.
11. **Communication:** Use newsletters, social media, and online platforms to share stories, updates, and personal anecdotes among members.
12. **Celebrate Diversity:** Embrace the diversity of your club's members and encourage cross-cultural understanding.



Remember that building fellowship takes time and effort. It's essential to provide opportunities for members to connect both professionally and personally, fostering genuine relationships within the club.

Rtn. Harjinder Pal Singla message on Club Membership

Membership - For the growth of the club, we need good members to run the club activities, Involvement of each member is very important.

For Membership growth, we should follow "Each One Bring One & Keep One". We can approach corporate companies for corporate membership. We can visit all those members who have left the club in the last 5 years and convince them to re-join our club.



We can look for prospective members in the locality. We have many residential complexes in Ghatkopar, like Neelkanth Valley, Tilak Nagar, Garodiya Nagar etc.

We need to conduct more public relation activities in our locality to let the public know about our club. Circulate our club bulletin of our projects in our localities, friends, and relatives. Organize local fest or similar activities in our locality.

More focus on retention of members, more focus on young & women members. Organize picnics, family nights and appreciate members by recognizing them for their good work.



Editor's desk – Rtn. Apoorva Shah

World Population Day is observed on 11th July each year. The annual observance of this day serves as a reminder to work towards addressing issues arising from global population growth. Population is increasing rapidly resulting in challenges such as poverty, economic concerns, migrations and maternal health. World Population Day serves as a reminder to work towards addressing these issues and striving for a better future for everyone on the planet while also raising awareness and educating people on this subject. Inspiration for this special day comes from the interest that was raised by "Five Billion Day" on 11th July, 1987. This was the day when the world's population reached 5 billion and World Population Day was established by the United Nations in 1989 with this day first celebrated on 11th July 1990. The theme for this year's World Population Day is - Unleashing the power of gender equality: Uplifting the voices of women and girls to unlock our world's infinite possibilities.

On a personal note, I live in Mumbai. My country with 1.428 billion people overtook China to become the most populous nation. Estimates by different agencies have suggested that India's population is expected to keep rising for next three decades before it peaks at 1.65 billion and then would start declining. Half of India's population is under the age of 30, and some 12 or so million people enter the market every year looking for jobs. The challenge for India, which is estimated to grow 7% in the previous fiscal, is to sustain that pace of expansion in the coming decades or end up with even higher unemployment. A key number that escapes the headlines is the participation of women in the workforce - Women account for just a fifth of the formal labor force in India due to the fact that most people in live in rural areas and women there work informally. Women in China, on the other, make up 44.8% of the formal workforce. However, as India undergoes urbanization and experiences shifts in social and cultural norms, there has been a decrease in the desire for larger family sizes.

This year's theme for World Population Day relates to emphasizing what women and girls want matters. They make up 49.7% of the global population, yet women and girls are often ignored in discussions on demographics, with their rights violated in population policies.



“ Gender-based discrimination harms everyone – women, girls, men, and boys. Investing in women uplifts all people, communities, and countries.”

– UN Secretary-General António Guterres





Gordon McNally's first message as Rotary International President

Even as we face new and serious challenges, Rotary takes care of its members and those we serve, works to build lasting peace, and embeds belonging and inclusion in everything we do. That is why I am asking everyone in Rotary to Create Hope in the World.



"Building peace is the essence of Rotary." – Gordon McNally, RI President 2023-24

This year, we're prioritizing projects to support mental health. This effort is deeply personal to me. I know what it's like to see someone suffer in silence. I have also witnessed the power of personal connections, the value of discussing emotional and mental well-being, and the lifesaving impact of preventive care and treatment.

Research shows that performing acts of kindness is an effective step any of us can take to protect our well-being. And by building peace within, we become more capable of bringing peace to the world.

Building peace is the essence of Rotary. Many of our service projects foster the conditions for Positive Peace. We work tirelessly to overcome barriers and create new connections. This year, we'll promote virtual international exchanges for members to strengthen those vital connections.

Peace isn't a dream, and it's not passive. It's the result of working hard, earning trust, and having open conversations that may be difficult. Peace must be waged persistently — and bravely. Everything we do across our areas of focus has the potential to foster the hope that can make peace possible.

The spirit of connection and purpose should inspire every Rotary member. When club leaders focus on offering an excellent club experience, we retain more members and attract more prospective members. We must make our clubs as welcoming and as engaging as we can.

Our goal is to create a sense of belonging, from our club meetings to our service activities. We need to continue creating inclusive, welcoming environments where everyone can be their authentic selves. All people of action need to be able to imagine a place for themselves in Rotary — it's up to us to ensure they can do so.

Over the next year, I will be putting a focus on continuing our journey in diversity, equity, and inclusion — ensuring that Rotary reflects the communities we serve and continues to take significant steps toward accessing the full range of human talents and experiences, so that we can better serve humanity. And we will continue to empower women and girls by helping them unlock the potential already within them.

As we begin this journey together, I take inspiration from Scotland's national poet, Robert Burns, who in the 18th century spoke of all the world becoming kin, promoting "sense and worth, over all the earth." This has long been my call to action, and I share it now with you.

Let us build peace within and spread it freely. Let us create belonging and imagine the future of Rotary afresh. Let us work together joyously and Create Hope in the World.

*R. Gordon R. McNally
President, Rotary International*



Winner of Dr. A. M. Pai Award

SERVICE Above Self award was awarded to Sh. Prakash Baburao Wani, for his deep concern for poor patients who are admitted to Rajawadi Hospital. He is a Go-To-Person in Ghatkopar for anyone needing medical help. Illiterate patients thronging to Rajawadi, are clueless of the functioning and protocol of admission. Instead of going from pillar to post, they get directed to Prakash Wani & his team to get seamless admission without the usual harassment and delay in Municipal Hospitals. Doctors of this hospital respect him for what he does. Medicine procurement is another area where he plays a role of a catalyst providing timely procurement of medicines. Even the inordinate delay to claim a body from morgue is assisted by him with extending help for the last rites.



Men like him are the real unsung heroes of our country. Rotary salutes them.



Projects and Events

- ▶ **Tree Plantation** with BMC at Rotary Club of Mumbai Ghatkopar Botanical Garden was conducted on 7th Aug. President Rtn. Manpreet, Rtn. Sunil Puranik, Rtn. Jaydeep, P.P. Rtn. Yogesh Zaveri, Rotractors along with officer from BMC were present.



- ▶ Swara Gorule, six years old girl having complex **congenital heart disease** (heart defects present at birth) with multiple brain abscess is in Wadia Hospital for a long time. Our club extended support to help the kid.
Proposed by P.P. Rtn. Viren Goyal

- **Monthly Medical Camp** held on 19.08.23, Saturday at Sampat Deshmukh House, Dehri, Murbad. Doctors checked patients and medicines/Injections were given as per doctors prescribed. Team comprises of three Doctors - Dr Nitin Shah, Dr Ajit Kadam, Dr Neeta Waghmare along with fourteen Sisters & Volunteers - Ramu Bhai, Manilal Gala, Pramod Ganatra, Sampat Deshmukh, Sister Laxmi madam, Geeta, Urmila, Vijay Lakshmi, Swati, Deepa Pednekar, Urmila Chavan, Ramani, Anita Ben and Sandhya Sheth travelled from Mumbai.

Camp was a great success. Next medical camp is planned on 16.09.2023, Saturday.

Total 148 patients (Old 129 & 19 new) are being benefited in this camp.

Thanks to Rtn. Rajanikant Sheth, for conducting these camps for the last 20+ years.



➤ **Donate a Smile**

Donate a Smile

Harshita Waghela, student of SPRJ Kanyashala, referred by Principal of the school Mrs Nandaben to carry out her braces treatment under our club project "Donate a Smile". Treatment duration with braces is 1.5 to 2 years at P.P. Rtn. Dr Amar Ravjiani's clinic. Mother of the kid is a cook with 3 children and has a very modest background. Harshita has crowding in her teeth and also has blocked upper canine teeth which are horizontally placed. She also had a lesion in her lower jaw which was damaging her bone. Rtn. Dr. Amar did the procedure for the lesion and now she is doing fine and has created a new bone in that area.

We like to thank P. P. Rtn Harish Vodadaria for sponsoring Harshita's Orthodontic treatment under our club project "Donate a Smile" and P. P. Rtn. Dr. Amar for his honorable service.

➤ **Yoga & Sahaj Yoga started from 21st August at Smt. Pramilaben Dand ROTARY SERVICE CENTRE, Vidyavihar.**



Achievements



15th August '23, Members of Rotary Club of Mumbai Ghatkopar felicitated Hon MLA Shri Parag Bhai Shah for the development work done through MLA Fund at the Rotary Club premises in Smt. Pramilaben Dand ROTARY SERVICE CENTRE. The newly renovated meeting hall was inaugurated by Hon. MLA Shri Parag Bhai Shah. Also present were Shri Ravi Puj, Shri Bhalchandra Shirsat, Shri Vikas Kamat, Shri Dharmesh Giri, Shri Vidyut Kaji, Shri Dilip Lilani, Captain Swaminathan, Shri Jitu Macchar, Rtn Shr. Ravi Shinde, Rtn. Shri Viren Gohil, Rtn. Shri Kamlesh Gandhi, Rtn. Smt Radhika Pradhan, Rtn. Shri Yogesh Zaveri along with Rotaract Members, BJP Paddhikaris and Karyakartas.



These halls will be also used for middle class & lower middle class to organize their family functions. We will see that it is financially viable for everybody to hold their functions with facilities provided by our Rotary Club of Mumbai Ghatkopar.

Thanks to our club Past Presidents - Rtn. Ravi Shinde, Rtn. Viren Gohil and Rtn. Yogesh Zaveri for their dedication to re-build wonderful Rotary Service Centre. Special thanks to Rtn. Dand family, other donors, and well-wishers.

Shukriya

Shukriya event for RY2022-23 was held on 29th August 2023 at Smt Pramilaben Dand Rotary Service Centre, Ghatkopar. DGN Rtn Dr. Manish Motwani was a Chief Guest. Event was conducted with grace & charm. President Rtn. Thyagaraju (know as Thyagu) was in great spirit & his presidential year has become a good orator with any hesitancy gone from his talk.

This is another aspect which invariable inculcates in a chosen president over the year.

PP Rtn. Yogesh Zaveri was awarded Rotary Ratan for RY2022-23. Congratulations to PP Rtn. Yogesh and to all awardees. Thanks to special guest Sh. Prakash Baburao Wani, Monthly Medical Camp team, Rotary Service Centre makers. Dr. Manish Motwani added grace to our function. Our club is close to his heart.



Visited Rotary Clubs



Rotary Bangalore Rajarajeshwari Nagar Centennial club



Rotary Bangalore Jeevan Bima Nagar



Rotary Bengaluru Harmony



Congratulations

- ▶ Our club (RCMG) was facilitated by Jain Jagruti Rajawadi Centre. P. P. Rtn. Yogesh Zaveri, P. P. Rtn. Amita Lodaya & P. P. Rtn. Parul Shah represented on club behalf.



- ▶ P.P. Rtn. Dr. Amar Ravjani's daughter **Dr Niva Ravjani** was conferred with the award for the best meritorious under graduate student of batch 2018 at Kashibai Navale medical College Pune today . She had secured 11 out of 14 distinctions in her MBBS curriculum of 4.5 years. She has also participated and won various academic quizzes and also an active member of Medical Students Association of India (MSAI). She has also been the recipient for the Tata Scholarship (MBBS) for 3 consecutive years.

- ▶ P.P. Rtn. Harjinder Singla's daughter **Sneha** got engaged with Anshu.





VISION



2-Aug	Madhura, Daughter Of Capt. Swaminathan
3-Aug	Malvika, Daughter Of Capt. Swaminathan
8-Aug	Pravin, Spouse Of Sudha Navandar
8-Aug	Savita Chouhan
10-Aug	Smit, Son Of Nilesh Shah
11-Aug	Aruna, Spouse Of Nilesh Shah
12-Aug	Rajnikanth Sheth
13-Aug	Kavita Ram
15-Aug	Trupti Shah
16-Aug	Daksha, Spouse Of Bharat Shah
16-Aug	Trisha, Daughter Of Apoorva Shah
22-Aug	Radhika Pradhan
22-Aug	Nishant, Son Of Parul Shah
24-Aug	Guntaash, Daughter Of Manpreet Nagi
26-Aug	Neela Zaveri, Spouse Of Yogesh Zaveri
30-Aug	Vandana Shinde
30-Aug	Jay, Son Of C P Bhatia
31-Aug	Priti, Daughter Of Prakash Keshwani

August is an important month when it comes to national and international special days like World Wide Web Day (1 Aug), Hiroshima Day (6 Aug), National Handloom Day (7 Aug), Quit India Day (9 Aug), Independence Day (15 Aug), Teej (19 Aug), National Sports Day (29 Aug), Onam (29 Aug), and Raksha Bandhan (30 Aug).





VISION



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॥विनम्र श्रद्धांजलि॥

With Heartfelt Condolences



Shri Kishor Vora passed away on 3rd August 2023 at age of 69.
Father-in-law of Rtn. Mitesh Gala

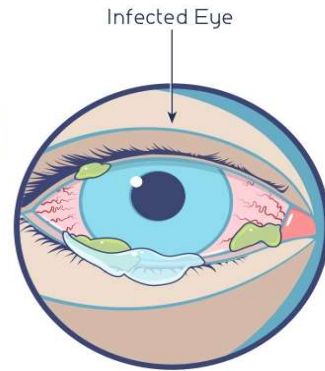
Safety Awareness

HELP PROTECT YOURSELF FROM GETTING & SPREADING **PINK EYE** (CONJUNCTIVITIS)

PINK EYE IS OFTEN HIGHLY CONTAGIOUS.

IT CAN BE CAUSED BY

- 👁️ Viruses (very contagious)
- 👁️ Bacteria (very contagious)
- 👁️ Allergens, like pollen (not contagious)
- 👁️ Irritants, like smoke or dust (not contagious)



SYMPTOMS USUALLY

INCLUDE:

- 👁️ Redness or swelling
- 👁️ Watery eyes
- 👁️ A gritty feel
- 👁️ Itchiness, irritation, or burning
- 👁️ Discharge
- 👁️ Crusting of the eyelids or eyelashes

SEE A DOCTOR IF YOU
HAVE PINK EYE ALONG
WITH ANY OF THE
FOLLOWING:

- 👁️ Eye pain
- 👁️ Sensitivity to light or blurred vision
- 👁️ Intense eye redness
- 👁️ Symptoms that get worse or don't improve
- 👁️ A weakened immune system, for example from HIV or cancer treatment
- 👁️ Pre-existing eye conditions



Newborns with symptoms of pink eye should see a doctor right away.

A doctor can usually diagnose the cause of pink eye based on symptoms and patient history.



PROTECT YOURSELF AND OTHERS FROM PINK EYE

- 👁️ Wash your hands often with soap and water, and help young children do the same. Wash hands especially well after touching someone with pink eye or their personal items.
- 👁️ Avoid touching or rubbing your eyes. This can worsen the condition or spread it to your other eye.
- 👁️ Avoid sharing personal items, such as makeup, eye drops, towels, bedding, contact lenses and containers, and eyeglasses.
- 👁️ Do not use the same eye products for your infected and non-infected eyes.
- 👁️ Stop wearing contact lenses until your eye doctor says it's okay.
- 👁️ Clean, store, and replace your contact lenses as instructed by your eye doctor.

WWW.CDC.GOV/PINKEYE





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Rtn. Apoorva Shah

Club Public Image Chair

rtnapoorvashah@gmail.com



The Four Way Test

of the things we think, say and do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

WHERE AND WHEN DO WE MEET



Smt. Pramilaben Dand **ROTARY SERVICE CENTRE**,
Opp. R. N. Gandhi School, Vidya-Vihar (East), Mumbai 400 077.
Maharashtra (MH) INDIA (IN).



Day : **Tuesday**
Time : **08:00 pm**



Rotary Club of Mumbai Ghatkopar